

UNITE
FOR
GOOD

Rotary
Club of Thane Hills



10
TITEN

HILL ECHOES

APRIL ISSUE

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RI President - 2025-26

Harsh Makol
District Governor - 2025-26

Samir Limaye
Club President - 2025-26

Nilesh Pitale
Club Secretary - 2025-26



**Protecting
Environment**

Inside This Issue

| | |
|--|-------|
| 1. Index | 2 |
| 2. Reflections by President Samir Limaye | 3 |
| 3. Updates by Secretary Nilesh Pitale | 4 |
| 4. Upcoming Events | 4 |
| 5. Editor PP Varsha Likhite speaks | 5 |
| 6. Innerwheel Updates by President Nayna Gala..... | 6 |
| 7. Information & Updates | 7 |
| 8. 'A Year at IIM Bangalore' by Shivam Limaye | 8-9 |
| 9. Calendar for April | 9 |
| 10. 'Women in Rotary' by PP Nilesh Likhite..... | 10-11 |
| 11. 'Are You Servant of Your Dreams' by Rtn Ashutosh Agarwal | 12 |
| 12. 'Fitness for Life' by Rtn. Anuradha Sukhathankar | 13-14 |
| 13. 'Give Me One Litre Milk' by PP Mahesh Madkholkar | 15-16 |
| 14. 'From Awareness to Action' by Rtn Sheetal Pachpande | 17 |
| 15. 'Life through Her Lens' by First Lady Prachi Divekar | 18 |
| 16. Club Projects..... | 19 |
| 17. Club Meetings..... | 20-21 |
| 18. 'DISCON Report' compiled by Varsha Likhite | 22-25 |



APRIL 2026



Reflections by Club President

March was a dynamic and engaging month, marked by meaningful celebrations, impactful interactions, and strengthened fellowship among members.

Holi Celebration : The month commenced with a vibrant Holi celebration, fostering camaraderie and reinforcing the spirit of togetherness among members.

Recognition of Women : In alignment with the spirit of Women's Day, the club recognized women from within the Rotary family for their contributions across leadership, entrepreneurship, and selfless service behind the scenes. This initiative

highlighted the importance of inclusivity and appreciation within the organization.

Fellowship through Cricket Match : A cricket T20 match finale during the month evolved into a highly engaging fellowship event. It provided members an opportunity to bond in an informal setting, strengthening interpersonal relationships and team spirit.

Flamingo Safari : Biodiversity Awareness. Flamingo Safari was planned but got cancelled last minute due to non-availability of boat. However, Dr Sheetal is committed to ensure this sometime soon. This will offer members a unique opportunity to gain insights into the rich biodiversity around us. This experience will serve as a reminder of our environmental responsibility and the importance of preserving natural ecosystems.

Joint Meeting with Rotaract : A joint meeting with the Rotaractors stood out as one of the most engaging sessions of the month. The meeting was lively, interactive, and filled with laughter, bringing fresh energy and enthusiasm to the forum while strengthening inter-club bonding.

Guest speaker address by Dr. Khushboo Taori delivered an insightful and engaging address on community service and the vast potential for collaboration. Her decision to transition from a government role to dedicated social service served as an inspiration to all members.

Celebration of Diversity : Our club celebrated diversity through presentations by members showcasing the cultural richness of various regions and religions. This initiative reinforced the core value of unity in diversity and emphasized collective purpose despite varied professional backgrounds.

Member Engagement Initiative : Dr. Sheetal actively engaged members throughout the month by sharing thought-provoking daily polls. This initiative encouraged reflection, participation, and continuous connection among members.

On Institutional Update –Extension of Tax Benefit Certifications : This month also brought a significant institutional milestone with the extension of tax benefit certifications (12A and 80G). This development serves as a strong enabler for the club to continue its social initiatives without interruption. The club expresses its sincere gratitude to Past President Vijay Shetty for his dedicated efforts in facilitating this achievement.

Reflection : Few sad events and experiences of the month also served as a reminder that while the world teaches us many lessons, it underscores the finite nature of human life. This realization strengthens our resolve to contribute meaningfully and maximize our impact during our time of service.

Acknowledgment : Our club extends its appreciation to the Joy makers for effectively curating and executing the month's activities. Special recognition is accorded to Past President Rajesh Salaskar for his continued enthusiasm and contribution towards enhancing member engagement.

Our club has initiated two Check Dams work. Big thanks to Past President Nilesh Puranik and Past President Atul Bhide.

Thanks to Past President Nilesh Likhite, Hillers have initiated a Global Grant Pediatric Heart Surgery project in March.

In Conclusion, March successfully reflected the club's commitment to fellowship, inclusivity, environmental awareness, and service. The activities conducted during the month have further strengthened the foundation for collaborative and impactful initiatives in the future.

APRIL 2026



Updates by Club Secretary

The month of March was filled with meaningful celebrations, engaging interactions, and impactful service activities. We began the month with a vibrant and colourful **Holi** celebration, bringing members together in an atmosphere of joy, warmth, and fellowship.

We celebrated **Women's Day** by felicitating women entrepreneurs and recognizing their valuable contribution to society. Women play a vital role in shaping families, communities, and the progress of our nation. Their strength, resilience, and leadership continue to inspire us, and empowering women is essential for building a more inclusive and progressive society. It was truly a proud and inspiring moment to honor their achievements.

We had a wonderful joint meeting with Rotaractors. As the youth and future leaders of society, Rotaractors bring fresh ideas, energy, and enthusiasm. The interaction between Rotarians and Rotaractors was engaging and enriching, offering valuable insights and meaningful learning for both generations.

Under our ongoing **Aanadan Project**, we once again extended support by distributing groceries to over **1,000 visually disabled individuals**,

We also celebrated **Gudi Padwa**, marking the beginning of the New Year, with great enthusiasm and festive spirit. The celebration was filled with traditional charm, positivity, and a sense of cultural pride. Members came together to welcome the New Year with joy and optimism, reflecting on new beginnings and fresh opportunities.

As we move into April, Observed as **Environmental Month**. It highlights our collective responsibility to protect and preserve our environment for future generations. From promoting sustainability to encouraging eco-friendly practices, this month inspires us to take meaningful steps towards a greener and healthier planet. As a club, we remain committed to supporting initiatives that contribute to environmental conservation and create a lasting positive impact in our community.

Warm Regards
Nilesh Pitale

UPCOMING EVENTS



APRIL 2026



Message by Club Bulletin Editor

Hillars,

Glad to present the April 2026 edition of Hill Echoes bulletin in the TiTen year. It gives an update of projects, meetings and activities done in March 26 as well as what is coming in April 2026.

We have also covered information related to Rotary International, District as well as interesting articles by members n spouses.

April is designated as Environment Month in the Rotary calendar, focusing on environmental sustainability, protecting natural resources, and fostering ecological harmony, often coinciding with Earth Day. Rotary clubs worldwide engage in projects such as tree planting, waste reduction, and supporting climate action during this time.

Key aspects of Rotary's April Environment Month include :

Supporting the Environment: This is recognized as one of Rotary's seven key areas of focus.

Action-Oriented Projects: Activities include cleaning up pollution, promoting sustainable agriculture, and improving sanitation.

ESRAG Resources: The Environmental Sustainability Rotary Action Group (ESRAG) offers expertise to help clubs execute environmental initiatives..

RCTH has taken various projects to conserve environment such as the earthern dam, check dams, tree plantations, waste collection, improving sanitation and many more.

Look forward to inputs, content, feedback. I am just a call, mail, sms away !

PP Varsha Likhite

Bulletin Editor RY 2025-26

varshalikhite@rediffmail.com

Dear Hillars and families,

You are welcom to graceful April as Group Amity looks forward to engage you in exciting times ahead.

On Thursday, 2nd April. We have a **ru ba ru** with Hillars during different times and this interaction will connect our glorious past with promising future to carry on with tradition of RC Thane Hills for generations together.

Please block your dates.

APRIL 2026

Inner Wheel Updates

By Innewheel Club President Nayana Gala

March 2026 – A Month of Measurable Impact

March was a powerful and purpose-driven month for the Inner Wheel Club of Thane Hills, marked by impactful initiatives, strong outreach, and meaningful community engagement.

We began the month with Chai Charcha aur Connect 9.0, an engaging session led by Archana Parikh on “What your handwriting and signature reveal about you,” bringing members together for insightful learning, self-discovery, and bonding.

Our 10th GBM, combined with a vibrant Gudi Padwa celebration, saw enthusiastic participation from members, featuring traditional dress, Haldi Kumkum, a Gudi competition, and home-cooked Maharashtrian delicacies served with warmth—strengthening fellowship and cultural connection.

Our flagship Cardiac Surgery Project achieved a significant milestone with 26 pediatric heart surgeries completed, giving young children a new lease on life.

Women's Day was celebrated through impactful outreach. We engaged with 38 women at the Mental Hospital, creating a joyful environment through games, music, and interaction, along with distribution of snacks and donation of an induction cooktop.

Through PRAYAS 2.0, we supported teaching aids for 25 women inmates at Thane Jail, enabling skill-based ECCEd training and supporting their rehabilitation journey.

A major infrastructure initiative was undertaken at the Ladies Wing of Thane Central Jail, where we are developing a 1500 sq. ft. covered activity space, benefiting 150–200 women inmates by creating a safe and usable environment for learning and recreation.

Our Road Safety Awareness Drive at Airoli reached the masses through 1000 rickshaws displaying safety messages, flagged off by Ms. Hemangini Patil, RTO Thane Head. We thank Shashi Agarwal for her generous contribution towards this initiative and acknowledge the press coverage support by Anuja and Anisha.

Additionally, we secured full sponsorship for a school van for special children under the Arambh Foundation, ensuring safe and comfortable travel for 110 special children, enhancing their daily commute and overall well-being.

March truly showcased Inner Wheel in action — with measurable impact, empowered lives, and collective goodwill.



APRIL 2026

INFORMATION (🔔) UPDATES

**Information and Update-17**

7th March 2026 , Luna Technologies , Navi Mumbai

Luna Technologies donates 3 lakhs for Pediatric Heart Surgery and another 4 lakhs for medical support to needy ie 7 lakhs for Triumph Foundation . This association started in Smile Year (RY 2021-22) due to visit of late Mr Iqbal Bearingwala (Unfortunately he died few days back) to blood bank. Luna Technologies values Education, Water and Sanitation, Medical Assistance. RCTH and Triumph Foundation are indebted and grateful to Mr. Adan Bearingwala(MD) for his valuable support.in next 2 days with loads of fond memories.

**Information and Update-18**

9th March 2026 , Sudarshan Chemical, Navi Mumbai

A Chemical company known for speciality chemical has been consistently supporting our blood bank for over 3 years. Opportunity to meet CSR & HR team along with PP Ravi Iyer. We could manage time to showcase our community service thru video. Our Triumph Foundation film made in 2015 is so relevant even today and leaves audience speechless. Happy to receive 7 lakh donation for our Blood Bank.

**Information & Update - 19**

12th March 2026 : 12A and 80G Registration Validity Extension

We are delighted to share that the Income Tax Department has granted extension of 12A(Upto 2037) and 80G(Upto 2032) registration to Triumph Foundation. This recognition strengthens our commitment and enables us to continue our journey of meaningful service to society. This milestone has been possible due to the relentless follow-up and competent representation by the office of PP Vijay Shetty and CA Satish Rao.

APRIL 2026

A Year at IIM Bangalore

Annet Shivam Samir Limaye



When I received the merit scholarship at IIM Bangalore, it felt like a strong start. Not just validation but also a quiet responsibility. The year ahead was going to be intense and somewhere I knew this would not just be about academics but about how much I could push myself across different dimensions. Coming into the program after seven years of building a food business, I thought I understood pressure. I was wrong.

The first two terms were a shock to my system, the pace was relentless, case discussions felt abstract and time became your most constrained resource. You quickly realise that effort alone isn't enough. Clarity

of thought, prioritisation and discipline begin to matter more. But what stood out most about IIM Bangalore wasn't just the classroom, it was the people. The EPGP, IIM Bangalore's one year full time residential MBA, draws ~75 professionals with an average of 7 years of work experience. My batchmates had built companies, led large teams, navigated career pivots and lived through failures. Being surrounded by that kind of diversity changed how I approached problems. Conversations stopped being about right or wrong answers and became about perspectives. Whether it was a quick discussion over coffee or a deep debate, every interaction added a layer to how you think.



This naturally extended beyond academics. Sport became a defining part of my year. I captained the Ultimate Frisbee team during the inter-batch games at the start of the year, guiding us to the finals. That momentum carried forward as I went on to represent IIM Bangalore in inter-school competitions across three tournaments, bringing home gold medals in two of them. Sport taught me something no classroom could replicate: resilience under pressure, trust in a team and the ability to show up consistently.



Music, a long standing part of my life, found its place on campus too. Performing as part of the institute band at cultural festivals was more than creative expression. Alongside this, I found myself drawn to building and contributing. I started a YouTube conversation series documenting the journeys of students and alumni in the program. Over time it crossed 35,000 views and became a small but meaningful resource for people considering the MBA and trying to understand what the experience actually looks like from the inside. Mentoring

prospective applicants, writing about campus life on LinkedIn and advising early stage founders through the institute's startup incubator became ways to stay connected to the ecosystem I came from while giving something back to it.

The classroom also reached into real world problem solving. Winning a national business case competition where our team developed a market expansion strategy for TVS motors in Indonesia was a defining moment. It brought together everything the program tries to build: structured thinking, teamwork and the ability to translate ideas into strategy that holds up under scrutiny.



APRIL 2026

The international dimension added another layer entirely. Hosting foreign exchange students on campus, sharing local food and having conversations about the same business problems through completely different cultural lenses reminded me how much context shapes thinking. It is one thing to study global markets in a classroom. It is another to sit across from someone who grew up inside one.



Looking back, what stands out is not one single achievement but the ability to show up across multiple arenas at once. Academics, sport, culture, entrepreneurship and community.

Three things I carry with me as I leave:

- **Clarity beats effort.** Hard work matters but structured thinking is what makes it count.
- **People shape your journey.** What you learn from the people around you often stays longer than what you learn in class.
- **Give as much as you take.** Mentoring, building and contributing to the community made this year far richer than if I had simply consumed it.

I came in expecting an academic upgrade. I leave with a sharper way of thinking, stronger relationships and a deeper understanding of what it means to build, contribute and grow. MBA's are usually seen as a 'salary upliftment program' but for me it was an upgrade: in how I think, how I execute and what I believe I'm capable of.



| CALENDAR FOR APRIL 2026 - VOCATIONAL SERVICES MONTH | | | | | | |
|---|--------------------|------------------------|-----------|---|-----------------------|------------------------------------|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| | | | 1 | 2 Panel Discussion | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 Fellowship Master Chef | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 Festival Celebration |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 Vocational Excellence Awards |
| 26 | 27 | 28 | 29 | 30 Family Night Salsa Dance Workshop | | |
| RI THEME | RCTH OFFICIAL MEET | FELLOWSHIP & FESTIVALS | PROJECTS | EVENTS | DIST. EVENT & PROJECT | |

APRIL 2026

Women in Rotary

(On the occasion of International Women's Day)

PP Nilesh Likhite



Its interesting to know about the journey of admission of women in Rotary. The history dates to 1911, when 2 all women clubs were formed in Minneapolis and Duluth, Minnesota. These clubs were disapproved in various conventions followed thereafter. In 1921 Convention at Scotland, Standard Club Constitution approved Article 2, Section III mentioning that 'Rotary Club should be comprised of men...!'

In 1950 at Detroit convention, Ahmedabad Club proposed a resolution that the word 'male' be dropped from the above-mentioned Article. The resolution was defeated followed by many unsuccessful attempts.

On 1st June 1977, RC Duarte admitted 2 women as members, resulting in termination of its charter. The club with changed name as 'Ex Rotary Club of Duarte' filed a case in California Superior Court against decision of RI Board. The 1st decision went against Duarte club, and in the appeal, the decision was reversed. RI Board went in appeal to California Supreme Court, which refused to admit the case. RI Board then appealed to United States Supreme Court.



Meanwhile, a newly formed provisional club RC Seattle sent its charter for approval, it was rejected by RI as the references to 'male' or 'men' was deleted. The Charter was approved after including the references. However, RC Seattle submitted the resolution for admission of women to COL in 1986, which was soundly defeated. The club went on to admit 15 women members, resulting in a warning letter received from RI General Secretary. RC Seattle joined RC Duarte in support of their ongoing case, followed by questions being raised by RC Oakland to RI questioning the termination of RC Duarte's charter.

Finally on 30th March, 1987, US Supreme Court heard the case of RI Board against California Court of Appeals and on 4th May, handed down an unanimous decision by 7-0 affirming decision of California Court of Appeals, stating that Duarte could not discriminate against members because of gender.

Following the decision, Dr. Sylvia Whitlock was inducted as 1st women Rotary club at RC Duarte. She went on to become the District Governor in 2012-13.

In 1989, the Council on Legislation officially eliminated the requirement that the Rotary Club be limited to men. Some 1st women in the history of Rotary

- 1st women Club President - Dr. Sylvia Whitlock
- 1st women District Governors – Mimi Altman, Gilda Chirafisi, Janet Holland, Riba Lovrein, Virginia Nordby, Donna Rapp, Ann Robertson, Olive Scott. (in 1995)
- 1st woman RI Director – Catherin Noyer-Riveau (2008-2010)
- 1st woman Trustee of The Rotary Foundation – Carolyn E Jones
- 1st woman to be inducted as RI Office bearer – Elizabeth S Demaray served as RI Treasurer in 2012.
- 1st woman Vice President of RI – Anne L Matthews in 2013
- 1st woman President of Rotary International – Jennifer Jones in 2022-23 (when our PP Jayram Mendon was our Club President).
- 2nd woman President of Rotary International – Stephanie A Urchik in 2024-25 (when RCTH was led by IPP Harshad Divekar),
- 1st Vice Chairman and then 1st Chairman of The Rotary Foundation – Brenda M Cressey in 2019.

APRIL 2026

In India, Rtn Madhura Chhatrapati (Dist 3190) has the credit of becoming 1st women Governor in India. Our District 3142 was earlier part of combined District 3140. In 2013-14, Rtn Lata Subraidu became the 1st lady District Governor of the then combined District, the club was led by PP Atul Bhide. Co-incidentally, PDG Madhura Chhatrapati was our Chief Guest at the installation of PP Atul Bhide, in same year when the District gave its 1st woman District Governor.

As on date, our District 3142 has 29.22% women membership on a total membership of 5014. In the current year, 22 women are serving as Club President. In our District, RC Navi Mumbai Garima and RC Dombivli Saudamini are two 'all ladies' clubs.

At RCTH, we have 27 women members. Ms. Vrushali Pradhan was the 1st lady member of RCTH, followed by Manjiri Chunekar and then PP Sucheta Rege. While Vrushali and Manjiri are not currently part of our membership, Sucheta has been quite active in the Club since joining in 1995 till now. PP Sucheta Rege became the 1st lady president of RCTH in 2005-06, followed by PP Dr. Radhika Bhondve in 2019-20 and PP Varsha Likhite in 2021-22. Dr. Anagha Karkhanis will lead our club in coming Rotary Year in 2026-27.

On the occasion of World International Day, I salute all our women strength. I also take this opportunity to recognize the active participation of our Anns in every program of our Club, be it a regular meeting, family nite or even service projects.



APRIL 2026

Are You Servant of Your Dreams ?

Rtn. Ashutosh Agarwal



In our fast-paced world, it's easy to get lost in the noise of everyday responsibilities and obligations. For many, the dream life—filled with purpose, fulfillment, and joy—remains a distant star in the night sky, seemingly unreachable. But what if I told you that the key to unlocking those dreams lies within you? Are you prepared to become the servant of your dreams and cultivate a life that celebrates your deepest aspirations?

To begin, we must first understand what it means to truly pursue our dreams. Dreams are not just whimsical notions conceived during daydreaming; they are powerful visions that can ignite passion and drive in our lives. They represent what we truly desire, be it a thriving career, personal growth, meaningful relationships, or even adventure. Yet, many people remain in the shadows of their dreams, shackled by self-doubt, fear of failure, or the comfort of routine. You need to take a moment and reflect on what your dreams truly are. What would you do if you knew you could not fail?



Once you've identified your dreams, the next step is to commit to them wholeheartedly. Becoming the servant of your dreams requires active involvement; it's not merely a mental exercise but a hands-on approach to turn those dreams into reality. Start by setting clear and measurable goals that align with your aspirations. Break them down into manageable steps, which will make them feel less daunting and more attainable. For instance, if your dream is to travel the world, create a timeline and budget that will help you achieve this goal.

Moreover, nurturing your dreams requires resilience. The journey may be filled with obstacles and setbacks, and it's crucial to maintain unwavering commitment. Use every challenge as an opportunity to learn and grow, rather than as a reason to give up. Surround yourself with positive influences—be it friends, mentors, or resources—that inspire you to move forward. Sharing your aspirations with others not only keeps you accountable but also allows you to gather insights and support.

Additionally, embracing a mindset of curiosity and openness can significantly enhance your journey. Explore new avenues you might have previously ignored. Attend workshops, read books, or seek experiences that resonate with your dreams. This will not only expand your horizons but will also expose you to a community of like-minded individuals who are on their journeys too.

Remember, it's perfectly okay to redefine your dreams as you grow. Life is fluid, and your aspirations may evolve based on your experiences and newfound knowledge. The key is to remain adaptable while staying true to your core values and passions.

Ultimately, being the servant of your dreams means believing in yourself. It involves taking charge and becoming an active participant in your own life narrative. Your dreams are indeed within reach, waiting for you to take action and claim them. Embrace the journey, trust in your abilities, and commit to serving your dreams with all the passion and perseverance you possess. The moment you choose to become the servant of your dreams is the moment you unlock a life brimming with potential and fulfillment. Are you ready to take that leap?

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APRIL 2026

Fitness for Life: Your Guide to a Stronger, Healthier You

Rtn. Anuradha Sukhathankar



In a world filled with fast food, desk jobs, and constant digital distractions, staying fit can feel like a full-time job. But fitness isn't just about six-packs, gym selfies, or running marathons—it's about feeling good, having energy, and living a longer, healthier life.

Whether you're just starting out or getting back on track, this article will guide you through the essentials of building a fitness routine that lasts.

Why Fitness Matters More Than You Think

Let's be honest—most of us know we should exercise, but we often underestimate just how powerful it can be. Fitness isn't just about looking good in photos. It improves every part of your life:

- Boosts mood and mental clarity
- Reduces risk of chronic diseases like diabetes and heart disease
- Strengthens bones, muscles, and joints
- Increases energy and reduces fatigue
- Improves sleep quality and stress levels



Even a small amount of regular movement can make a big difference. The key? Consistency over intensity.

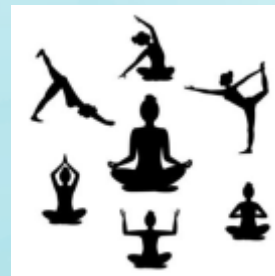
Finding the Right Workout for You

Not everyone enjoys the gym, and that's perfectly fine. Fitness comes in many forms. The best workout is the one you enjoy enough to stick with.

Here are some popular options:



- **Cardio:** Great for heart health and fat burning. Includes walking, running, cycling, swimming, or dancing.
- **Strength training:** Builds muscle and boosts metabolism. You can use weights, resistance bands, or just your body weight.
- **Yoga & Pilates:** Perfect for flexibility, core strength, and mental calmness.



- **Sports & activities:** Playing tennis, hiking, kickboxing—anything that keeps you moving and engaged.

Creating a Sustainable Fitness Routine

You don't need to spend hours a day to be fit. In fact, 30–45 minutes of focused movement, 4–5 times a week is more than enough for most people.

Here's how to build your routine:

1. Set clear, realistic goals.
2. Schedule it like a meeting. Add your workouts to your calendar and treat them as non-negotiable.
3. Start slow and build. Going too hard too fast is the quickest way to burnout or injury.
4. Track your progress. Use a journal, app, or photos to stay motivated and see how far you've come.

Fitness Isn't Just Exercise—Nutrition Counts Too

You can't out-train a poor diet. What you eat plays a huge role in how you feel, perform, and recover.

APRIL 2026

Keep it simple:

- Eat whole foods: Fruits, vegetables, lean proteins, whole grains, and healthy fats.
- Stay hydrated: Aim for 6–8 glasses of water a day, more if you're working out hard.
- Don't skip meals: Fuel your body consistently to keep your energy up.
- Watch the processed stuff: Limit sugar, trans fats, and overly salty snacks.



Food is fuel. Treat your body like a high-performance machine—it deserves quality input.

Don't Forget Recovery and Rest

Rest is not laziness. Your muscles grow and repair during rest, not just when you work out. Overtraining leads to fatigue, injury, and decreased motivation.

Make sure to:

- Get 7–9 hours of sleep per night
- Take at least one full rest day per week
- Stretch and cool down after workouts
- Practice active recovery (light walks, yoga, etc.)

Recovery is part of the process, not a break from it.



**FITNESS IS NOT
A SEASONAL
HOBBY.
FITNESS IS A
LIFESTYLE.**

Fitness Is a Lifestyle, Not a 30-Day Challenge

There's no finish line when it comes to fitness. It's something you build into your daily life—just like brushing your teeth or making your bed. The goal isn't perfection, it's progress.

So start where you are, use what you have, and do what you can. Over time, small habits compound into big results. Your future self will thank you.



Smt Vidula Mulye (81) mother of our Rotarian Shailesh Mulye left for heavenly abode on 8th Mar 2026. Let us extend our condolences and prayers for departed soul.

Om Shanti! Shraddhanjali



Deeply saddened to inform about the demise of **Shri Ashok Neelkanth Gadgil** (90) who breathed his last late night on 12th March. He was father of our own member Dr Uday Gadgil. On behalf of our club, we extend our heartfelt condolences to Dr. Uday Gadgil and the entire Gadgil family.

We pray for strength for the family during this difficult time and for the departed soul to attain eternal peace.

Om Shanti. Shraddhanjali

APRIL 2026

Give Me One Litre Milk

PP Mahesh Madkholkar



It all started with a simple request. "Give us 1 litre milk."

We were in Wada for our routine 2 days stay. A casual interaction with a dairy vendor turned into something far more meaningful than we could have ever imagined. He asked us, almost out of curiosity, whether we had a farmhouse and if we were looking for cows. Then he showed us photos and videos—Geer cows, Sahiwal cows—from a nearby village, Boranda in Vikramgad.

He invited us to visit. We didn't think much at first—just curiosity, and somewhere deep inside, a quiet wish to one day have cows, to live close to land, to farm, to nurture. On our way back, we decided to go. What we saw stayed with us. There were around 8 big cows and 10 calves—some just 4 days old, others up to 18 months. We were told that just 2 days ago, a newborn calf had died... a rope tied wrongly around its neck had taken its life.

The owner had met with an accident. A fractured leg had left him helpless. The cowshed stood on what felt like an island—water from the river on all sides. Even doctors refused to come there. There were only 2 caretakers for 25 acres of land, and just 1 for the cows—and he too was about to leave within a day or 2. The situation was fragile. Almost abandoned. We stood there, absorbing everything.

We decided to take 8 calves—young, we were told, independent enough. We completed the formalities, got the Gram Panchayat certificate, arranged a truck, and brought them to our Coco farm in Vikramgad. A shed for 8 cows was already ready.

That night... reality hit. The calves cried. Not once, not twice—continuously. At 2 o'clock, at 3 o'clock. They were calling out—for their mothers. They couldn't sleep. Neither could we. The next morning, I called my family Prachi and Chintan, and explained everything. The answer was positive immediate and unanimous—we cannot separate them. Either send them back, or bring their mothers too.

By then, the owner had already started looking for buyers to sell all cows together. Someone else was about to finalise the deal. But for us, something had changed. We felt it deeply—it would be wrong to become the reason a family is separated forever. That feeling would stay with us for life. Without negotiation, we decided—we will bring them all. The entire family.

The journey back wasn't easy. While transporting, we were stopped and questioned by Bajrang Dal—about our land (7/12), our cowshed, and whether we truly intended to care for them. After answering everything honestly, we were allowed to proceed. We brought them to our farm—spread across 2 parts 9 acres and around 3 acres within span of 1 kilometre. With the help of caretakers and villagers, we settled them.

The very next day, we began cleaning them—one by one. Many had not been bathed for 40–50 days. Dirt, neglect, exhaustion—it showed. One cow, who had lost her calf, refused to even stand that day.

We prayed. We simply prayed—asking God not to test us further for the decision we had taken. We called an experienced veterinary doctor. The condition was worse than it looked. Some had injuries. 2 calves were extremely weak—surviving only on bottle feeding. Being male calves, they hadn't been fed properly.

Ticks, worms—immediate treatment was required. And then... wounds. Deep wounds. Inside them—white maggots, nearly 1 inch long, many in numbers. The calves were restless, weak, unable to settle. We arranged for a local veterinary doctor—for 15 continuous days. Slowly, patiently—we began nursing them all.

At first, the farm was divided—milk-giving cows in one section, calves in another. We already had 3 desi cows and calves given by villagers who couldn't care for them. As the numbers grew, we started building. We created space. We expanded. The calves were allowed to graze freely—across 9 acres.

They ate everything—mango leaves, coconut leaves, anything they could reach. To save them, we had to let go of something else. Over 1036 trees—grown over 4 years—were sacrificed. But seeing them eat freely, live freely—we felt at peace. Their needs became our routine.

APRIL 2026

Pendha of rice. For milk-giving cows—Khurrak: Kapasi pend, tuvar chuni, wheat bhussa. Soaked overnight, fermented, made tasty... then mixed with dry fodder so they take time to eat and milking becomes smooth. Each cow—25 to 30 kg of feed daily. Plenty of water. Villagers also helped us in this process by giving fresh Maka, Tuwar residues and other stuff. And a fascinating habit—they never feel full. They eat, then chew again, bringing food back to reprocess it.

Cleanliness became discipline. Organic care became priority. No harmful pesticides—only herbal solutions. From just 3/4 cows, we began getting sufficient litres of milk daily. Which sometimes tried to deliver to close friends and Prachi preparing GHEE from Geer Cows A2 milk and Prachi taking care of distribution of milk and milk product by fully involving after voluntarily retirement from School!

Then came life. We witnessed 3 natural deliveries. For 3/4 days, we received Chik—and from it, prepared pure Kharwas. We started delivering milk—100% original. No dilution, no modification. Something we had searched for all our lives. Motto was loud n clear “let our near n dear get the pure and original”!

Weekends changed. Saturdays and Sundays became farm days. Sometimes weekdays too. We installed a deep freezer, added a voltage stabiliser, built storage for feed, brought in a Kadabakutti machine, managed electricity—single phase, three phase. We even sent our 2 caretakers to Kolhapur—for a 2-days practical training session. They learned, observed... though we couldn't fully implement milking machines later.

Then came the structure. A cowshed—60 × 40 feet. Around 2400 sq. ft. In Mumbai terms—a 5 BHK space. 13 feet height. Cement roof. Solar panels. Proper slope drainage on both sides. Prefabricated feeding structures from Sinnar, Nashik—saving time, reducing bricks (nearly 1 lakh bricks avoided).

The next stage is Gobar Gas plant and Solar Sustainable energy! Of course all is with no subsidy from the Government! And in between—a 10 feet open space. A place where anyone—especially senior citizens—can sit, observe, and just be. Because being there... feels different.

It is believed that cow dung and gomutra carry healing properties. Maybe they do. Maybe it's the environment, the silence, the connection. Maybe it can become a place—not just for cows—but for healing. And somewhere along this journey, after 35 years of practice, a realization quietly settled in—there was nothing more to prove, nothing more to add.

What truly mattered was peace of mind.

Today, every thought, every moment seems to be connected to Malwada Coco Farm—where cows and calves wait to be fed, cared for, and simply loved. We have gone back to basics. Almost like reverse engineering, we have started growing MAKKA, BAJRI, JWARI, and fresh green grass Nepier for them to eat. We have also begun a Mukta Gotha—about 1 acre of open land—where they can move freely, exercise, and live naturally.

In the summer, their needs increase—they require adequate water, not just to drink, but to cool themselves, to shower, to stay comfortable. And in fulfilling their needs, we found something unexpected. Ourselves.

What started as “1 litre milk”.....became a journey of responsibility, emotion, sacrifice, and purpose. And somewhere along the way, it stopped being about cows. It became about family, onus towards the Nature and feeling of Giving back to the next generation!!



APRIL 2026

From Awareness To Action : The # Thinkwass Revolution at RCTH

Rtn Sheetal Pachpande



As the sun sets on our intensive month-long journey, the air at the Rotary Club of Thane Hills feels different. It feels cleaner, more conscious, and charged with the electric energy of a community that has collectively decided that "good enough" is no longer an option for our city's health and sanitation.

In the Rotary calendar, March is designated as Water, Sanitation, and Hygiene (WASH) Month. It is a high-priority area of focus where we invest in sustainable infrastructure—from wells and toilets to rainwater harvesting—to combat waterborne diseases worldwide. Especially around World Water Day on March 22nd, we are reminded that education is just as vital as infrastructure.

With our #ThinkWASH campaign this month, our goal was simple yet audacious: to bridge the gap between abstract global concepts and the micro-habits of our daily lives. Today, as I look at the flood of feedback and the "Stories of Change" pouring into our groups, I am thrilled to say—we didn't just think; we acted and truly felt THE POWER OF THE SMALL SHIFT. We began by looking into our own teacups, uncovering the 11 billion microplastics hiding in "silky" tea bags. We moved to our streets, identifying the "Tiny Terrors"—cigarette butts and plastic straws—that strangle our urban drains and turn summer showers into flash floods.

But the heart of this campaign was the Hiller Spirit of Solution: Through the "Red Dot" Rule, we extended a hand of respect and safety to our Safai Mitras. By simply wrapping and marking sanitary waste, we ensure that those who protect our city are protected from pathogens themselves. We learned that WASH starts from the inside out. From the "Sip, Don't Gulp" hydration technique to choosing loose-leaf tea and being mindful of how we wash our fruits and vegetables, we have turned our bodies into sanctuaries of health. We've seen members adopting small acts that may seem like baby steps for now—but every giant leap begins with a single step. As these habits grow, so does our collective impact. Hillers are truly healers.

As Joymakers, we have successfully steered this campaign to a point where I realize the beauty of a Rotary initiative: it never truly "concludes." It simply evolves until it becomes a permanent part of our cultural DNA. I have been deeply moved by the members coming forward—not just to learn, but to lead. As we officially wrap up the month, I invite every Hiller to keep this momentum alive. WASH is not a 31-day project; it is a lifelong promise to our city, our environment, and our future generations.

We have proven that when we change our perspective, we change our world. We have shown that a resilient Thane begins with a responsible Hiller.

Thank you for your passion, your questions, and your unwavering commitment to this mission. The revolution hasn't just begun—it's brewing.

Rotary Club of Thane Hills FROM AWARENESS TO ACTION: THE #THINKWASH REVOLUTION AT RCTH (A Legacy of joymakers and Hillers)

WHAT IS WASH? (THE 3 PILLARS)

- W - WATER**
 - Sip regularly
 - Fix leaks
 - Prevent contamination
 - Choose loose-leaf tea
- A & S - SANITATION (& WASTE)**
 - PROPER WASTE DISPOSAL for proper lesser wastes
 - SEGREGATION
 - PREVENT DRAIN BLOCKAGES (Fewer cigarette butts, pads)
 - PROTECT SAFAI MITRAS
- H - HYGIENE**
 - CONSISTENT HANDWASHING with soap
 - OND
 - MENSTRUAL HYGIENE MANAGEMENT
 - CREATE HEALTHY HABITS

#THINKWASH Brought to you: Rotary

Rotary Club of Thane Hills FROM AWARENESS TO ACTION: THE #THINKWASH REVOLUTION AT RCTH (A Legacy of joymakers and Hillers)

WHY IS WASH IMPORTANT?

- 1. HEALTH & IMMUNITY**
BOOST IMMUNITY! REDUCE MEDICAL EXPENSES!
- 2. CITY RESILIENCE & FLOOD PREVENTION**
Clogged drains from single-use plastic, cigarette butts, Thermocol
PROPER SANITATION/WASTE DISPOSAL IS KEY!
- 3. THE 'RED DOT' DISCIPLE**
- 4. NEVER FLUSH! THE SEWERAGE STRANGLER!**
- 5. SWITCH TO REUSABLE:** Menstrual Caps, Cloth Pads, Cloth Diapers
- 6. COMPOSTING:** CREATE GREEN GOLD FOR PLANTS, USED TEA LEAVES/POTS IN THANE

#THINKWASH Brought to you: Rotary

APRIL 2026

Life Through Her Lens



Dr. Priyanka Bhalerao

1. Describe yourself in two words

Ans- 1. Smiling dentist

2. What's a life lesson you have learned the hard way

Ans- Never settle for less than you deserve. Patience is key; wait until it's the best.

3. What creative activity makes you lose track of time

Ans- Dance - it lifts my soul and lightens my step! I lose track when the music takes over, vibes take hold, and time flies.

4. What's your comfort food—and the story behind it

Ans- Dum Biryani - my mom said slow cooking is like a relationship; invest time and reap rewards. Is it true? Slow-cooked Dum Biryani enhances flavor and aroma to the next level, delighting the senses before each bite. It's elevating the vibes and is the most comforting food for any mood.

5. If your life were a book, what would be its name

Ans- Chase Your Ikigai - life is about pursuing your passion, irrespective of your numerical age.

6. Rotary project is closest to your heart, and why

Ans- Tobacco de-addiction programs: The journey to a tobacco-free life begins with consistent motivation that you don't need cigarettes or tobacco at all to upscale your life. As a Dentist Rotarian, I appreciate all the de-addiction awareness seminars our district is conducting for the community.

Natasha Adnani

1. Describe yourself in two words

Ans- Independent and Confident.

2. What's a life lesson you have learned the hard way

Ans - Importance of loved ones over time and money ...

3. What creative activity makes you lose track of time

Ans - Drawing, any kind of art work.

4. What's your comfort food—and the story behind it

Ans - Dal rice with aloo.

Maa ke haath ka .. got married in thane so distance from my mom made me realise my comfort and food that I loved the most.. Miss her everyday

5. If your life were a book, what would be its name

Ans- Not so fond of reading ... but liked the title of book - the subtle art of not giving a f**k.

6. Rotary project is closest to your heart, and why

Ans - Annaporna

True satisfaction on seeing the donations reaching the right hands



Compiled by IP First Lady
Prachi Divekar



Anisha Shinde

1. Describe yourself in two words

Ans- Supportive Sensitive Fighter.

2. What's a life lesson you have learned the hard way

Ans- Believe in your instinct... immediate family and people who love and stand with you in hard times are family irrespective of any relationship.

3. What creative activity makes you

lose track of time

Ans- photography..profession passion Art.

4. What's your comfort food—and the story behind it

Ans- Khichda (Bohari dish made using crushed wheat and Mutton) cooked by Mom .. unanimously agreed by my three brothers and dad it's the dish which would calm any tense situation at home.

5. If your life were a book, what would be its name

Ans-Motivational Love.

6. Rotary project is closest to your heart, and why

Ans- Triumph Run Triumph Foundation..have been associated from start and brings inner peace watching laughter it brings to innocent hearts(specially abled children)

Neelima Nagavkar

1. Describe yourself in two words

Ans- Open book.

2. What's a life lesson you have learned the hard way

Ans-Relationships are more important than money.

3. What creative activity makes you lose track of time

Ans- DIY gardening projects.

4. What's your comfort food—and the story behind it

Ans- Dal khichdi.as a busy banking professional with impossible deadlines to meet and also taking care of my family i found dal khicdhi highly nutritious,tasty and comforting in my busy times.

5. If your life were a book, what would be its name

Ans- Jiyo aur Jine do.

6. Rotary project closest to your heart, and why

Ans- Basic education and literacy programs in schools , such programs help create a strong social structure and good civic sense.



APRIL 2026

Club Projects



Project 31 — Ann Daan

Wednesday, 18 March 2026 At Yogi Hills, Mulund

Yet another Amavasya (no-moon day) observed in the true spirit of service — a tradition dedicated to sharing with those in need. Due to working day and very few volunteers were able to spare time, however the commitment to serve remained unwavering. Over 800+ needy, poor, and blind citizens from across Maharashtra attended and were served.

Dr Geeta and Paresh were first timers and thoroughly emersed themselves for doing service. Seeing is believing, Paresh promptly contributed towards cause. Shashikant Rewankar got new prospective member Ms. Geetanjali to Ann Daan seva. Month after month, the trio Pawan, Satish, and Prashant continues to be the strong glue binding nearly one-fourth of our club through this noble project — a shining example of dedication, consistency, and compassion.

Service sustained by spirit, strengthened by teamwork.



Project - 32 HPV Vaccination Drive

Monday, 30th March 2026

RCTH team successfully conducted the second dose of HPV vaccination for 136 girls at an ashram school in Village Chinchale, District Palghar. The initiative was executed seamlessly by Past President Sucheta and FL Manjiri whose commitment ensured the success of the drive. We now call upon Hillers to step forward. Funds are available for 180 more beneficiaries, and your support can help us extend this life-saving protection to more young girls.

APRIL 2026

Club Meetings

Club Meeting - 35

8th March 2026, Federation House , Wagle Estate
Women's Day Celebration



A total attendance of 82 members+ guests reflected the enthusiasm for the Women's Day ceremony. The evening was dedicated to expressing gratitude and appreciation to our Anns, partners in service, and women Rotarians, who continuously contribute their time, energy, and compassion to Rotary's mission. The event was beautifully curated by the Joymakers with PP Rajesh Salaskar Facilitator planning meticulously the meetings,. Special thanks to PE Dr. Anagha for her benevolent gesture, our foundation handed over cheques to four needy girl students, supporting their educational journey. Special mention to PP Sucheta for rock-solid support, PP Nilesh Likhite for the lively and humorous panel discussion and Rtn Sonali Bijur the engaging MOC. The excitement continued with the live telecast of the cricket match.

Club Meeting - 36

12th March 2026, Thirani School
Joint Meeting with Rotaract



A special joint meeting with Rotaract added a refreshing and vibrant energy to the evening. We had the pleasure of felicitating Nichite Tai and Natasha, our silent supporters of Rotary. Chandru Sir set the tone with a thoughtful prayer and an insightful explanation. A simple yet interesting game kept everyone involved. Despite a very modest attendance of 28 members, the meeting turned out to be highly engaging.

A Rotaract member named Rohini once suggested the need for a check dam, and that very idea eventually materialized into the Shirol Dam Project —a powerful reminder that meaningful ideas can come from anywhere.

APRIL 2026

Club Meeting-37

Saturday 21st March 2026 , Rotary Center, Vishnu Nagar

Celebration of Unity in Diversity

Gudi Padwa+ Ugadi+ Cheti Chand + Eid+ Ramnavami

Encouraging attendance of 87 Hillers + Rotaractors +Guests. Hats off to Joymakers of March for wonderfully curating all encompassing celebration. Facilitator PP Rajesh Salaskar did hat trick by providing three celebrations - Holi , Women's Day and Festivals of India. Entire group worked tirelessly for making it success.



Club Meeting – 38

Thursday, 26th March 2026 | Venue: Thirani School

The 38th club meeting was held at Thirani School with an engaging and insightful session led by our guest speaker, Dr. Khushboo Taori. Dr. Taori, a passionate medical professional, shared her rich experience of working closely with municipal systems, especially highlighting her significant contributions during the COVID-19 pandemic. She demonstrated exemplary leadership during the crisis and reflected on the challenges and learnings from that period.

Her deep commitment towards community service was evident as she spoke about her vision of bringing like-minded individuals together on a common platform to drive meaningful social impact. She also presented her proposal on mobilizing citizens effectively for community-driven initiatives. The session opened up promising avenues for collaboration, emphasizing that there are substantial opportunities for Rotarians to partner with such NGOs and scale impactful projects. The meeting witnessed an attendance of 25 members and concluded with valuable takeaways and renewed inspiration for community engagement.



APRIL 2026



Dist 3142 Discon 2026 at Sahara Star Dream, Dare , Do !

Discon 2026 was a star studded event attended by 25 Hillers. The five star venue , speakers, food, entertainment kept the 800 plus audience completely in awe. The event was conducted under the leadership of DG Harsh Makol and in the presence of Rotary International President Representative (RIPR) PDG Jason Lim and Ann Merry Tan.

Synopsis of some of the amazing speakers is given below:

Mahesh Manjrekar actor, director, screenwriter, producer, film artist. He is best known for directing Vaastav (1999), Astitva (2000) and Viruddh.. (2005). He won a National Film Award for Astitva . He was also host of 'Bigg Boss Marathi' from 2018 until 2023. He shared his thoughts in an interview with Rtn Prasanna Karnik n Sudha S.

Nothing wrong to be Jack of all trades as long as you dare to follow your dreams. You may fail in some but will definitely succeed in others ! He has been a very good cricketer, fairly good singer, a politician and many more 'Natasamrat' was not an easy movie to make as it had a huge theatre legacy. He is making a film 'Animal' but theatre has been his calling. He dreams to start a residential cricket n tennis academy for adivasi kids.

Deepak Vohra is a retired Indian diplomat of the Indian Foreign Service. He served as an Indian Ambassador to Armenia, Poland and Sudan. He served as technology advisor to former PM PV Narasimha Rao. He gave statistics to prove India has excelled in Leadership, Diplomacy, Military strength (3rd), Economy (3rd), Education, Infrastructure. No power in earth can stop an idea whose time has come. Bharat is on fire We now move to **Viksit Bharat 2047**.

Uday Kumar Lost a leg in a train accident in 2015. It did not deter Uday Kumar from taking part in half marathons, summiting mountains, skydiving, and even scuba diving ! He believes what happened was good, what is happening is for better n what will happen is for our best. He spent nearly two months in a hospital after the train accident and was bed-ridden for another six months . He once slipped and fell on his son, breaking the boy's arm. After this he driven by a feeling of helplessness and guilt, came close to taking his own life. His son motivated him to keep going. His family has been a huge support. His coach gave him a different perspective and opportunity in life.

Vivek Pachpande came from a humble background. His parents, family, college, friends n parenthood played a huge role in forming his life as a blind. Generally people are not malicious but ignorant. Inclusion for specially abled can be achieved only by tolerating ignorance. In the short term, tolerance may be in the form of pity but it should change to empathy in the long term. Dream chos es direction, Dare gives endurance and Do builds a way ahead.

Raul Aju : AI curious to AI serious

16 years old, Raul John Aju, the youngest AI wonder kid from Kerala is making waves with his artificial intelligence talks. He brought his father on board at his own AI venture, AI Realm Technology.

AI analyzes or classifies existing datasets. Generative AI creates new content including text, images, video, audio by identifying patterns in large datasets. GenAI uses neural networks to generate novel outputs based on user prompts. AI mixes data just like our brain but humans can give better outputs !

APRIL 2026

Advocate Dr Prashant Mali : Cybercrime in age of AI

1. Cyber crime includes vast range of illegal activities by cyber criminals such as hacking, phishing, identity theft, ransomware, malware attacks. The reach of cyber crime knows no physical boundaries.
2. Digital arrest is a fraudulent tactic used by cybercriminals to falsely accuse individuals of breaking law, often claiming digital arrest. They pose as officials from organizations such as customs, income tax department or even central investigative agencies.
3. Responsibility for AI-driven cybercrime lies with humans who develop or use the technology to cause harm.
4. Autonomous AI

Autonomous AI evolved in 2036 it refers to intelligent systems capable of setting goals, making decisions, and executing complex workflows without human intervention.

5. Deepfakes Deepfake is a form of artificial intelligence (AI) that can be used to create convincing hoax images, sounds, and videos. It combines the deep learning concept with something fake.

RuBaru with Rajat Sharma: Aap ki Adalat with PP Vijay Shetty

He had a humble childhood in Delhi growing up in a 10x10 foot room with nine family members. He lived without even basic amenities like water or electricity. He studied under a street lamp near to overcome poverty. His father once told him not to visit neighbours to watch TV. Rather he should become a TV star himself! His journey was full of struggle. As a young student during emergency he joined the movement that led him to Tihar Jail. That experience did not break him, it made him fearless.

Journalism career started as a researcher in the late 1970s, moving to Onlooker Magazine as a trainee, and becoming its editor by 1985. He later edited The Sunday Observer and The Daily. His first show with Lalu Prasad Yadav was hugely successful despite the multiple challenges faced by him. He does not ever insult his guests. In fact he makes them comfortable by assuring that they can speak freely as he will later edit whatever they want. Arun Jaitley show after demonetisation was an highlight. Arunji was quite appreciative of the questioning done and defended the government's policy against charges of economic hardship. Smile, pause n look. He is known for his calm trademark smile during tough questions. He believes it is not strategically planned but a natural instinct. He often emphasizes smiling through challenges as a key lesson for success in his career and personal life.

Entrepreneurial journey - India TV channel, has evolved into a major media entity, with its parent company valued significantly higher over the years. He believes Success should be measured with satisfaction and not monetary gains or positions.

Bharat Dabholkar

He is a prominent Indian ad filmmaker, actor, director, and author. He is best known for creating Amul butter advertisements. He has directed theatre, acted in Bollywood/Marathi films and is a trained lawyer.

Advertisement has taught him to express himself in 30 seconds. He finds it difficult to speak for more time. He has learned the hard way that humour cannot be used in the same form in different forums. Our country is religion intolerant, so he does not use any religious jokes. In advertising the underlying principle is to do things differently. Same can apply in real life!

Sankalp kelshikar Cityflo buses and Sachin Teke - M indicator bus app with PP Atul Bhide

Cityflo was founded in 2015 by IIT Bombay alumni Jerin Venad, Rushabh Shah, Ankit Agrawal and Sankalp Kelshikar. They started as a Technology company but soon realised it is more about operations ie cleanliness, punctuality and quality drivers. Driver commuter relationships in City flo are organic. They

APRIL 2026

only ensure the drivers get the dignity they deserve. Four founders respect each other as friends and partners. Cityflow has seen their journey from boys to adults. The public recognition they get is for their service and not as individuals. In entrepreneurship selecting your life partner is as important as business partner. His spouse has played a huge role in ensuring he stays grounded in the Cityflow journey!

Sachin is an IT engineer and alumnus of VJTI 2006 batch. He has a MBA from Jamnalal Bajaj Institute of management Studies. He began his career working for a software firm. Initially his parents were not supportive of his venture. Living in Nerul in Navi Mumbai, his work had him commuting to SEEPZ daily, using a train between Nerul and Kurla, then a bus, followed by an auto-rickshaw. This gave him the idea for the app. He prefers to run a small set-up and has always made profits. Today his app has 10 million subscribers!

Devdutt Pattanaik : Restoring faith in humans in an AI world

He is a mythologist, writer, illustrator, and speaker. He is known for explaining relevance of Indian and World mythology in modern times, especially in culture, management and leadership. There is expiry for hunger in plant and animal kingdom but not in the human kingdom. Animals stop hunting for some time after feeding themselves but humans are always hungry. Human beings crave for more wealth, power and positions. Jealousy is like God it is everywhere but cannot be seen. Words are required to convey the meaning which has no form. Guru should be a good transmitter of meaning to enhance quality of receiver. Tantra = body, yantra = object, mantra = mind.

ChatGPT can absorb the form n object but will not understand the meaning of life. Ramayan hero is Ram who followed rules while Ravana broke rules. Mahabharat Krishna also breaks rules but he is worshipped ! This fine difference can be appreciated by humans but not by AI !

Youth participation in climate change - Ridhima Pandey

Ridhima Pandey is an Indian environmental activist who advocates for action against climate change. She has been likened to Greta Thunberg. When she was nine years old, she filed a suit against the Indian government for not taking enough steps to combat climate change. She was one of the complainants to the United Nations, along with other young climate activists, against nations' failure to take action against climate crisis.

She saw the effects of climate change in own state of Uttarakhand with floods. It's not just about her future, but the survival of millions of children who face disasters every year. Leaders to act n not just talk. Youth have limited resources to change things about climate. Youth need support from those in power for supporting environment. Government needs to prepare a plan to reduce carbon emissions and to curb the impact of climate change, including reducing India's use of fossil fuels.

Mittal Patel : Journey with nomadic tribe

She is an Indian social and environmental activist, known for her work with marginalized and nomadic communities in Gujarat. She feels government needs to do much more for denotified communities. Effort required at various levels to achieve social justice, education, livelihood support, environmental sustainability, and community development. In Maharashtra also there are nomadic communities like Fase Pardhi who need support from Government.

Story of story tellers Amole Gupte n Deepa Bhatia in conversation with Chaitanya Chinchalikar

Amole Gupte is an Indian screenwriter, actor, singer and director, known for his work on the 2007 film Taare Zameen Par as a creative director and screen writer. He conceived the film with his wife, Deepa Bhatia a Bollywood film editor, producer and director based in Mumbai.

Emotions or truth needs a cover of humour to reach the audience. 'Tarein jamin par' was in that sense a commercial film as the message about needs of special children was successfully delivered to public. There is

APRIL 2026

always a gap between parents aspiration and teachers expectations for children compared to kids own liking especially in case of special kids. This needs to be bridged through awareness. 'Tarein jamin par' was translated in various European languages which helped in spreading this message.

Editing movies like 'Sachin' and 'Honey Singh' gave Deepa the opportunity to appreciate the hard work and genuineness of these great personalities. We ascribe very little importance to intelligence of children. But in fact it is easier to work with children who can act naturally compared to adults who need scripts.

Compiled by Varsha Likhite

